



**WESTBROOK CITY COUNCIL
SPECIAL CITY COUNCIL MEETING MINUTES
MONDAY, MAY 15, 2023 AT 6:30 PM
WESTBROOK HIGH SCHOOL (ROOM 114)
125 STROUDWATER ST.**



I. LAND ACKNOWLEDGEMENT STATEMENT

Meeting called to order at 6:30pm by City Council President Anna A. Turcotte. City Clerk Angela Holmes read the City Council Land Acknowledgement statement into the record.

II. CALL FOR A SPECIAL CITY COUNCIL MEETING

Asst. City Administrator/City Clerk Angela Holmes noted for the record that a Special City Council meeting was called by Mayor Michael T. Foley on Thursday, May 11, 2023. Notice of the meeting was emailed to City Councilors and posted to the City's website.

III. ROLL CALL

City Councilors Present: Michael Shaughnessy (At-Large), David C. Morse (Ward 1, Vice President), Anna A. Turcotte (Ward 3, President), Victor Chau (Ward 2), Gary Rairdon (Ward 4), Jennifer Munro (Ward 5), Claude Rwaganje (At-Large)

City Councilors Absent: None

Other City Officials Present: Jerre Bryant (City Administrator), Natalie Burns (City Solicitor), Eric Dudley (Director of Engineering & Public Services), Melanie Fernald (Deputy City Clerk), Jennie Franceschi (Director of Planning & Code Enforcement), Michael T. Foley (Mayor), Greg Hamilton (Director of Emergency Communications & IT), Angela Holmes (Asst. City Administrator/City Clerk), Katherine Kelley (Wastewater Division Manager), Sean Lally (Police Chief), Dr. Peter Lancia (School Superintendent), Brian Langerman (Deputy Fire Chief), Lynn Leavitt (Sustainability Coordinator), Ellis Ledoux (Executive Assistant), Joanne LePauloue (Director of Human Resources), Dr. Brian Mazjanis (School Department Finance Director), Brandon Mitchell (Student Representative), Makayla Morello (Student Representative), Stephen Sloan (Fire Chief)

IV. PLEDGE OF ALLEGIANCE

President Turcotte led all present in the Pledge of Allegiance.

V. APPROVAL OF MINUTES

President Turcotte stated that unless any objections were received, the minutes would stand as presented. No objections received. The following minutes stand as presented:

May 8, 2023 - Special City Council Meeting Minutes

VI. MAYOR'S MESSAGE

Mayor Foley read his message into the record. The full text of the Mayor's Message is attached to these

minutes.

Mayor Foley presented the following awards:

- A Proclamation in Honor of Girl Scouts of Maine Gold Award Recipient was presented to MacKinna Campbell
- A Proclamation in Honor of the Spirit of America 2023 Award Recipients was presented to ___ and ___
- Employee of the Quarter (4th Quarter 2022) was presented to Kyle Simonson, Systems Operator II with the Department of Engineering & Public Services
- Manager of the Quarter (4th Quarter 2022) was presented to Angela Holmes, Asst. City Administrator/City Clerk
- Employee of the Year (2022) was presented to Zipporah Velasco, Police Officer
- Manager of the Year (2022) was presented to Greg Hamilton, Director of Communications & Information Technology

Mayor Foley invited Belinda Ray to the podium, the Director of Strategic Partnerships for the Center for Regional Prosperity, who provided a presentation on the "Safe in Maine" fund. President Turcotte opened the floor for comments and/or questions for Ms. Ray. The following individuals spoke: President Turcotte, Councilor Chau, Councilor Rwaganje, Councilor Munro

VII. CITY COUNCIL MESSAGES

President Turcotte opened the floor for City Council messages. Councilors provided the following updates: None

VIII. STUDENT REPRESENTATIVE UPDATE

Student Representative Mitchell provided the following updates:

- Congratulations to the new inductees to the National Honor Society
- The WHS Art Show was a huge success.
- The WHS Academic Ceremonies was
- The Junior & Senior Prom occurred last Friday at Ocena

Student Representative Morello provided the following updates:

- WHS group of students going to the College Fair in Augusta on Thursday. Over 100 colleges and universities will be represented.
- Class of 2023 graduation ceremony will be held on June 10, 2023
- There will be a step-up day for first-year student where they can meet staff.
- The last day of school is June 16th.

IX. PUBLIC COMMENT

President Turcotte opened the floor for the first public comment portion of this meeting. The following individuals spoke: None

X. UNFINISHED BUSINESS

There was no unfinished business for consideration.

XI. ORDERS OF THE DAY (SECOND AND FINAL READING)

Included below are the City Council Orders which require second and final reading.

Order 2023-49. Approving the FY 2023-2024 Annual Budget & Appropriations

Motion to approve second and final reading of Order 2023-49.

Moved by Vice President Morse, seconded by Councilor Shaughnessy.

President Turcotte opened the floor for comments on the motion. The following individuals spoke: Councilor Rairdon, Student Representative Mitchell, President Turcotte, Councilor Rwaganje, Vice President Morse, Councilor Chau

Motion carried. Orders 2023-49 adopted. (Vote 6-1)

Ayes: Shaughnessy, Morse, Chau, Munro, Rwaganje, Turcotte

Nays: Rairdon

Order 2023-50. Approving the FY 2023-2024 School Budget Warrants

Motion to approve second and final reading of Order 2023-50.

Moved by Vice President Morse, seconded by Councilor Munro.

President Turcotte opened the floor for comments on the motion. The following individuals spoke: Liz McClellan (37 Pleasant Street)

Motion carried. Orders 2023-50 adopted. (Vote 6-1)

Ayes: Shaughnessy, Morse, Chau, Munro, Rwaganje, Turcotte

Nays: Rairdon

Order 2023-51. Approving the Wastewater Division Budget, Portland Water District Assessment, Sewer Assessment & Setting Sewer User Rates for CY 2024

Order 2023-54. Authorizing Award of Bid for Mowing Services

Order 2023-55. Authorizing Award of Bid for Two Replacement One-Ton Trucks

Order 2023-56. Authorizing Interlocal Agreement with Cumberland County Soil & Water Conservation District

Motion to approve second and final reading of Orders 2023-51, 52, 54, 55, and 56.

Moved by Vice President Morse, seconded by Councilor Rwaganje.

President Turcotte asked if any Councilor would like to consider any item separately. Ms. Holmes noted for the record that Order 2023-52 was removed from last meeting's agenda at the developer's request, and did not receive first reading. The inclusion of the item on this evening's agenda for second and final reading was an error. Vice President Morse agreed to remove Order 2023-52 from his motion.

President Turcotte opened the floor for comments on the motion. The following individuals spoke:

None

Motion carried. Orders 2023-51, 54, 55 and 56 adopted. (Vote 7-0)

Ayes: Shaughnessy, Morse, Chau, Rairdon, Munro, Rwaganje, Turcotte

Nays: None

Order 2023-53. Amending the Land Use Ordinance Chapter 335 Regarding Short-Term Care Facilities and Nursing Homes

A public hearing on this item was held. Notice of the public hearing was published in the Portland Press Herald on May 6, 2023, and it was posted to the City of Westbrook's website and in City Hall.

President Turcotte opened the public hearing. The following individuals spoke: Sam Heck (Director of Development, Milestone Recovery), Dr. Mary Dowd (Medical Director at Milestone Recovery; handout distributed to City Council attached to these minutes), Thomas Doherty (Executive Director, Milestone Recovery), Richard Huleatt (President of India Street Neighborhood Association; comments submitted by letter, read into the record by Mr. Doherty; this letter is attached to these minutes), Councilor Munro, Councilor Chau, Councilor Shaughnessy, Councilor Rairdon, Dr. John Skvorak, Jr. (property owner on Bridgton Road), Vice President Morse, Ms. Burns, Mike Miles (30 Stroudwater Place), Belinda Ray (former Portland City Councilor), Brian McCambridge (44 Lawrence Street), John Aden (100 Brydon Way), Lynn Longworth (Brydon Way resident), Samantha Turner (employee of Pear Tree Dentistry)

As a point of order, Ms. Holmes noted for the record that an amendment to the legislation was made at the last Council meeting to amend the phrase "mental health" with "behavioral health", and the change was not reflected in the attachment in their agenda packets. She noted that this public hearing and any motion for second and final reading would be on the amended version.

President Turcotte closed the public hearing.

Motion to approve second and final reading of Order 2023-53.

Moved by Councilor Munro, seconded by Councilor Shaughnessy.

President Turcotte opened the floor for comments on the motion. The following individuals spoke:

None

Motion carried. Orders 2023-53 adopted. (Vote 7-0)

Ayes: Shaughnessy, Morse, Chau, Rairdon, Munro, Rwaganje, Turcotte

Nays: None

XII. NEW BUSINESS

Included below are the Council actions on New Business, which includes business licenses requiring City Council approval, City Council Resolves and Orders receiving first and final reading, City Council Orders receiving the first of two required readings.

Business Licenses

State Liquor License application for George & Leon's, owned by George's North Shore, LLC, located at 9 Cumberland Street

A public hearing on this item was held. Notice of the public hearing was published in the American Journal on 05/04/2023, and was posted to the City of Westbrook's website and posted in City Hall.

President Turcotte opened the public hearing. The following individuals spoke: Ms. Fernald, Logan Abbey (owner of George & Leon's), Councilor Chau

President Turcotte closed the public hearing.

Motion to approve the State liquor license application.

Moved by Vice President Morse, seconded by Councilor Chau.

President Turcotte opened the floor for comments on the motion. The following individuals spoke:
None

Motion carried. License application approved. (Vote 7-0)

Ayes: Shaughnessy, Morse, Chau, Rairdon, Munro, Rwaganje, Turcotte

Nays: None

Orders (One Reading Required)

Order 2023-57. Amending the Code of Ordinances Master Fee Schedule Regarding Application Fees for Site Plan Administrative Review

Motion to approve the first and final reading of the legislation.

Moved by Councilor Munro, seconded by Councilor Rairdon.

President Turcotte opened the floor for comments on the motion. The following individuals spoke:
Mayor Foley

Motion carried. Order 2023-57 adopted. (Vote 7-0)

Ayes: Shaughnessy, Morse, Chau, Rairdon, Munro, Rwaganje, Turcotte

Nays: None

Order 2023-58. Authorizing Expenditure for DEI Consultant Project & Amending FY 2023 Annual Vendor List

Motion to approve the first and final reading of the legislation.

Moved by Vice President Morse, seconded by Councilor Shaughnessy.

President Turcotte opened the floor for comments on the motion. The following individuals spoke:
Mayor Foley

Motion carried. Order 2023-58 adopted. (Vote 7-0)

Ayes: Shaughnessy, Morse, Chau, Rairdon, Munro, Rwaganje, Turcotte

Nays: None

Orders (Two Readings Required)

Order 2023-59. Authorizing a Utility Easement to the Portland Water District for New Water Main Extensions in Vertical Way

Motion to approve the first of two readings of the legislation.

Moved by Councilor Shaughnessy, seconded by Councilor Rairdon.

President Turcotte opened the floor for comments on the motion. The following individuals spoke:
None

Motion carried by a show of hands. None opposed.

Order 2023-60. Authorizing Acceptance of Monsanto Settlement for Water Quality Improvement

Motion to approve the first of two readings of the legislation.

Moved by Vice President Morse, seconded by Councilor Shaughnessy.

President Turcotte opened the floor for comments on the motion. The following individuals spoke:
Councilor Shaughnessy, Mayor Foley

Motion carried by a show of hands. None opposed.

Order 2023-61. Amending Order 2022-145 Regarding Purchase of a Sewer Vacuum Truck

Motion to approve the first of two readings of the legislation.

Moved by Councilor Rairdon, seconded by Councilor Munro.

President Turcotte opened the floor for comments on the motion. The following individuals spoke:

Mayor Foley

Motion carried by a show of hands. None opposed.

Order 2023-62. Authorizing Purchase of Perimeter Fencing for the Wilson Drive Pump Station

Motion to approve the first of two readings of the legislation.

Moved by Councilor Rairdon, seconded by Councilor Munro.

President Turcotte opened the floor for comments on the motion. The following individuals spoke:

Councilor Rairdon, Mr. Dudley

Motion carried by a show of hands. None opposed.

Order 2023-63. Authorizing Six-Party Partnership Agreement for Improvements to Regional Traffic Management System

Motion to approve the first of two readings of the legislation.

Moved by Councilor Munro, seconded by Councilor Shaughnessy.

President Turcotte opened the floor for comments on the motion. The following individuals spoke:

None

Motion carried by a show of hands. None opposed.

Order 2023-64. Authorizing Agreement for Fire Department 360-Degree Evaluations

Motion to approve the first of two readings of the legislation.

Moved by Councilor Shaughnessy, seconded by Vice President Morse.

President Turcotte opened the floor for comments on the motion. The following individuals spoke:

Mayor Foley

Motion carried by a show of hands. None opposed.

Order 2023-65. Authorizing Agreement for Fire Department EMS Accreditation Services

Motion to approve the first of two readings of the legislation.

Moved by Councilor Munro, seconded by Councilor Rwaganje.

President Turcotte opened the floor for comments on the motion. The following individuals spoke:

None

Motion carried by a show of hands. None opposed.

Order 2023-66. Authorizing Expenditures to Regional Initiatives & Organizations to Combat Homelessness

Motion to approve the first of two readings of the legislation.

Moved by Vice President Morse, seconded by Councilor Shaughnessy.

President Turcotte opened the floor for comments on the motion. The following individuals spoke:

Mayor Foley, Councilor Rairdon, Councilor Rwaganje

Motion carried by a show of hands. None opposed.

XIII. PUBLIC COMMENT

President Turcotte opened the floor for the second and final public comment portion of this meeting. The following individuals spoke: None

XIV. REFERRALS

There were no referrals for consideration.

XV. COMMITTEE REPORTS

The following items remain in their City Council Committees for deliberation. No updates were provided by Committee Chairs.

Committee of the Whole

Residential Landlord Registration

Adopting Policy to Protect Employees' Access to Reproductive Healthcare Services

Facilities & Streets Committee

Austin Street Extension

Public Safety Committee

Workshop on Police Department Anti-Racism Efforts

XVI. EXECUTIVE SESSION

There were no requests for an Executive Session.

XVII. ADJOURNMENT

Motion to adjourn at 8:58pm.

Moved by Councilor Rairdon, seconded by Councilor Munro.

Motion carried by a show of hands. None opposed.



MAYOR'S OFFICE



Mayor Michael T. Foley

2 York Street

Westbrook, Maine 04092

Phone/Fax: 207-591-8110

Email: mayor@westbrook.me.us

MAYOR'S MESSAGE

May 15, 2023

MEMORIAL DAY PARADE & CEREMONY

Just a reminder of our upcoming traditional Memorial Day Parade & Ceremony on Monday, May 29th. The parade will begin at 10am and start at the intersection of Mechanic Street & William Clarke Drive with a ceremony following in Riverbank Park. Those participating are asked to arrive at 9:30am and we hope City Councilors are able to join. We thank the Veterans Services Advisory Committee for their work in organizing this event and we look forward to seeing everyone there as we honor those we have lost in service to our country.

WESTBROOK TOGETHER DAYS

Also a reminder of the annual Westbrook Together Day this year on June 2nd & 3rd. More details will be available on their Facebook Page and we thank the Westbrook-Gorham Community Chamber of Commerce for their partnership and work in organizing this event. We look forward to seeing everyone at these exciting community events!

UPCOMING ELECTION

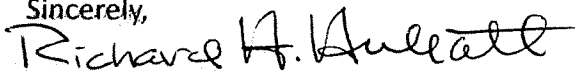
The School Budget Validation Referendum will be held on June 13, 2023. Polls are located at the Westbrook Community Center and will be open 6am to 8pm. Absentee ballots can be requested through the link on the City Website or by calling our Election Hotline at 207-591-8116.

May 15, 2023

TO WHOM IT MAY CONCERN

My wife and I live on Middle Street, directly around the corner from Milestone. We moved here eight years ago, and I can attest that during that time we have found Milestone to be nothing but good neighbors. The front of their building is kept free from debris and litter, and it is always shoveled and salted during the winter months. There is no noise at night or any other time during the day. In fact, it would not surprise me if many residents in the area don't even know that Milestone exists. Each spring Milestone staff participates in our annual "Earth Day" cleanup. The last three Executive Directors have all volunteered to serve on the Board of the India Street Neighborhood Association. They know they have a vested interest in continuing to make sure India Street remains a safe and vital place in which to live and work. It is not surprising that many of Milestone's most generous donations come from residents and business owners who live in the surrounding neighborhood. By seeking to provide comfort and healing for some of the most vulnerable members of society, Milestone provides an important and valuable mission, not only to our neighborhood, but also to the city of Portland as well. We regard them as an asset rather than a liability, and we are happy to claim them as partners and neighbors in the India Street neighborhood and beyond.

Sincerely,



Richard H. Huleatt

President

India Street Neighborhood Association

15 Middle Street #402

Portland, ME 04101-4990

bridges and have nowhere else to turn. Every day we are faced with a deadly disease that sometimes responds wonderfully well to treatment , and sometimes doesn't.

Yet, everyday at Milestone, everyone, from the person emptying the trash, to the shelter attendants, the cooks, the counselors, the nurses and the admin staff, everyone manages to connect with the patients, to treat them with kindness and respect, to listen to them, to pay attention, to give them hope. And that is what it takes, sometimes, to start the long path back to yourself, back to your family, your life, to feel that someone really cares about what happens to you.

Numbers to remember

2022 10,110 overdoses in Maine

716 of these fatal

7100 reversed with Narcan

80% of the fatal overdoses in Maine are due to fentanyl

Fentanyl is in everything: Methamphetamine, cocaine, benzodiazepines

2022 U.S. overdose deaths 107,477

Mortality rate for adults in their 20s 30s and 40s continues to go up and these are called " deaths of despair", due either to addiction, overdose or suicide

At Milestone we get up to 10 inquiries a day for treatment and we have to turn more than half because we do not have beds.

Westbrook Town Council Meeting

5/15/23

My credentials:

20 yrs Working with patients in addictions

15 years as Medical Director at Milestone

Fellow of American Society of Addiction Medicine (ASAM)

Boarded by American Board of Addiction Medicine

Recipient of Maine Medical Association highest award, President's Award, for work in addiction medicine

Milestone follows ASAM Guidelines for a Level 3 facility

that means we take patients in mild to moderate withdrawal, they are medically monitored by our nursing staff on all shifts. They require in-pt detox because they are at risk for complications from their withdrawal, or because it is not possible for them to stop using in their current living situations.

They are treated for alcohol, opioid and stimulant withdrawal according standard of care guidelines

To answer one of Dr Skvorak's concerns, any patients whose behaviors are escalating, to the point where they cannot cooperate with treatment or are a danger to themselves or others are immediately transferred to an acute care facility.

Some of our patients are homeless, but the vast majority of them are as Dr. S supposes in his letter: "hard working people that struggled with addiction"

Most of the people we see are hard working men and women whose lives have been sidetracked by trauma, physical, emotional or sexual abuse, and poverty. None of them decided they wanted to become addicts. They started taking some pill from a friend or a co-worker, or even a parent, that made them feel better, less lonely, less anxious, less depressed, or less in pain. They continued taking it and one day found they could not stop.

They survive against enormous odds. They get up at 5 am to stand in line for a job at labor ready, They wait in line for hours to get their meds filled through GA, They apply over and over again for better housing, food stamps, healthcare.

Milestone is not a very glamorous place to work. The tasks are often menial or time consuming: cleaning up bloody vomit or staying present with a patient through a panic attack, an angry outburst or various other meltdowns. It can seem a depressing place too. Every day we are faced with patients, who seem beyond help, who have come to the point of almost total self-destruction, who have lost their ability to function in the world, to support themselves, or their families. They have burnt all their